

---

## Agency Mission

The purpose of Asian American Recovery Services, Inc. is to decrease the incidence and impact of substance abuse in the Asian and Pacific Islander communities of the San Francisco Bay Area. To accomplish this goal, Asian American Recovery Services, Inc. develops and provides innovative outreach, treatment, prevention, and research services for its target populations. Because there are multiple causes and effects of substance abuse, Asian American Recovery Services, Inc. also engages in ancillary activities to meet its goal.

## Agency History

Asian American Recovery Services, Inc. was established in 1985 by the community-wide, grassroots efforts of the Asian American Substance Abuse Task Force, in response to rising substance abuse rates among San Francisco's Asian and Pacific Islander population. Created as a culturally responsive alternative to existing treatment programs that offered little or no programming specific to Asians with substance abuse problems, Asian American Recovery Services, Inc. continues to adapt and change to meet the rapidly growing and diverse needs of the Asian and Pacific Islander communities in the Bay Area.

---

---

Asian American Recovery Services, Inc.  
Santa Clara County Youth Services  
1340 Tully Rd. Suite 314  
San Jose, CA 95122  
(408) 271-0477 Phone  
(408) 271-3909 Fax  
<http://www.aars-inc.org>

## Project Crossroads

## Youth Intervention Services

Being young is a lot of fun. It is exciting. It is a challenge. Sometimes, it is very confusing. It is definitely not easy.

When we are growing up, there are many hard decisions to make about choosing friends, going out, paying attention to parents, listening in class, and dealing with difficult and confusing times.

There are many paths to take where each decision is important. Sometimes we do not make the healthiest choices and during those times it is essential to have some guidance to be educated, to get support, and to develop solutions to problems we can not avoid.

Asian American Recovery Services, Inc. – Project Crossroads believes in giving support in the realms of:

- Individual and group counseling that is sensitive and inclusive of all cultures and backgrounds
- Peer support counseling that allows for empowerment and connection
- Networking with other agencies and services to provide proper attention to any emerging issues
- Substance Abuse educational outreach focused on fusing facts with fun
- Recreational activities built for team building and making friends
- Family support to assist in strengthening that important bond

Project Crossroads believes that these forms of support can help people stay out of trouble and build steps in order to learn from mistakes and successes.

## What is counseling?

A lot of people will try to define counseling by what they normally see on television or in the movies, but there is more to it than a weird couch, a timer, and uncomfortable questions.

Counseling is talking about good things as much as talking about problems. Counseling is listening, hearing, speaking, laughing, and crying. Counseling is problem-solving. Counseling is connecting.

Basketball is counseling. Painting is counseling. Field trips are counseling. Dancing is counseling. Making music is counseling. Poetry is counseling. Knowing you have your own answers is counseling.

Counseling is an everyday thing. Counseling is growth.

## The Statements:

Project Crossroads ('02 – '03) is available at:

Andrew Hill High School  
Castro Middle School  
Independence High School  
JW Fair Middle School  
Piedmont Hills High School  
Silver Creek High School  
Sylvandale Middle School

Project Crossroads is open to youth ages 13-20 who are curious, experimenting, or actively using substances such as alcohol, tobacco and other drugs and are eager to learn more about negative effects and healthy alternatives to substance use.

Asian American Recovery Services, Inc – Santa Clara County Youth Services offer different levels of Substance Abuse programs: Treatment, Intervention, and Prevention. Project Crossroads is intervention-focused, but is equipped to serve all three levels and/or make referrals to other programs.

Here at Castro Middle School  
The Intervention Specialist is John Yap on Tuesdays and Thursdays. He can be contacted via email: [jyap@aars-inc.org](mailto:jyap@aars-inc.org), at the Front Office, and/or at the AARS Youth Services office at (408) 271-0477.

We cannot always build the future for our youth, but we can build our youth for the future.

- Franklin D. Roosevelt

